



SUN SAFETY TIPS



Attention parents! Our summer camp leaders have some sun safety tips for kids coming to camp that applies to all children. When children are spending time outdoors, sunscreen is very important. Our leaders help apply sunscreen often throughout the day as well as applying other sun safety measures like being in the shade, being inside etc. To enhance this process, it helps for parents to teach children how to apply sunscreen. We also strongly suggest sending your kids to camp or outdoors with big brimmed hats, sunglasses and UPF sun shirts. A little preparation makes for a great time at camp and in the outdoors. For more sun safety tips for kids, check out this link from the Canadian Paediatric Association: https://caringforkids.cps.ca/handouts/safety-and-injury-prevention/sun_safety

Thank you
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